



Join Us: New York State Age-Friendly Health Systems Action Community

About the Action Community

The Healthcare Association of New York State, New York State Department of Health, The John A. Hartford Foundation and Institute for Healthcare Improvement are working together to support a New York State Age-Friendly Health Systems Action Community to test and adopt the “4Ms” framework to improve care and outcomes for all older adults. This Action Community will be conducted in two parts, an Upstate Cohort (launching in November 2020) and a Downstate Cohort (launching in February 2021). Each Cohort will span approximately seven months.

Action Community activities

Teams will be asked to:

- identify a clinical care setting and patient population to test the 4Ms framework;
- bring together an interdisciplinary team;
- identify a leader with authority over the selected care setting or population to support the team’s activities and progress and participate in the leadership track;
- participate in Action Community activities, including monthly webinars and other virtual events; and
- report to IHI your description of how the 4Ms are being implemented in your setting and a count of older adults reached by the 4Ms framework of care.

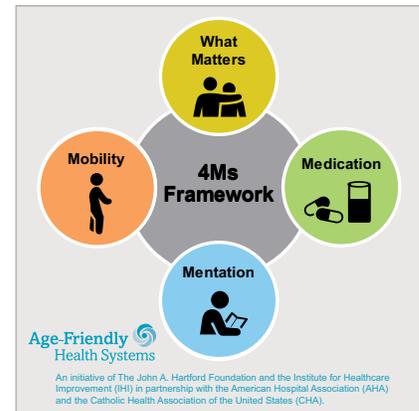
Recognition

Age-Friendly Health Systems will be recognized on ihi.org/agefriendly. Your team will receive an “Age-Friendly Health Systems Participant” logo for you to proudly display in your health system and on any relevant materials, and a media kit to build local recognition of your work.

Join us

Thanks to generous support from the Fan Fox & Leslie R. Samuels Foundation, the New York State Health Foundation and the Health Foundation for Western and Central New York, there is no fee to participate in the New York State Action Community. We encourage all New York state hospitals, health systems and providers across the continuum of care to join us in this important work.

NOTE: Hospitals and health systems that are already participating in a national Age-Friendly Action Community are encouraged to also join the New York State Action Community.



4Ms framework

Clinical care settings in an Age-Friendly Health System reliably implement four geriatric care practices, known as the 4Ms.

What Matters: Know and align care with each older adult’s specific health outcome goals and care preferences, including end-of life care, and across settings of care.

Medication: If medication is necessary, use age-friendly medication that does not interfere with What Matters, Mobility or Mentation across settings of care.

Mentation: Prevent, identify and treat dementia, depression and delirium across settings of care.

Mobility: Ensure that older adults move safely every day in order to maintain function and do What Matters.

For more information, visit hanys.org/age-friendly

Questions?

Contact actioncommunity@hanys.org

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An initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI) in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA).