

The Mohawk Valley Partnership to Combat Heart Disease

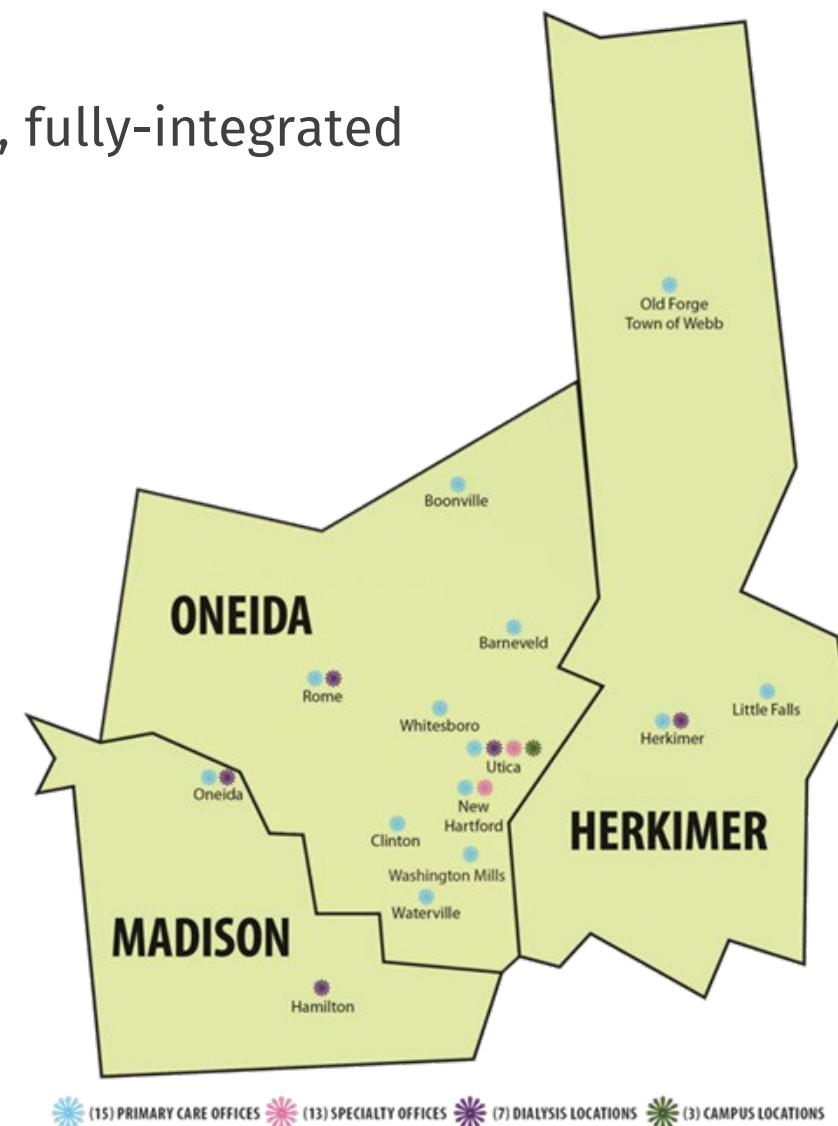
Lisa Volo

Director, Population Health

Mohawk Valley Health System (MVHS)

Introduction

- **Mohawk Valley Health System** is a nonprofit, independent, fully-integrated healthcare system, serving Central New York.
- Services include:
 - Two acute care hospitals (St. Luke's and St. Elizabeth),
 - 15 primary care sites,
 - 13 physician specialty offices,
 - 7 dialysis centers,
 - 202-bed long-term care facility,
 - Rehabilitation center,
 - Home care agency/visiting nurse service,
 - Ambulatory center (joint venture),
 - Outpatient facility (including a Cancer Care Center)
- MVHS serves the largest population center in the Mohawk Valley – more than 250,000
- MVHS is the 2nd largest employer in the Utica-Rome region



Project Team



Lisa Volo
Director
Population Health



Patty Charvat
Senior Vice President
Strategy & Marketing

Community Partners

- American Heart Association
- The Center (Refugees)
- Community Foundation of Herkimer and Oneida Counties
- Excellus Blue Cross Blue Shield
- Mohawk Valley Community Action Agency
- Mohawk Valley Health System
- Mohawk Valley Latino Association
- NAACP/Rome
- NAACP/Utica
- Upstate Family Health Center

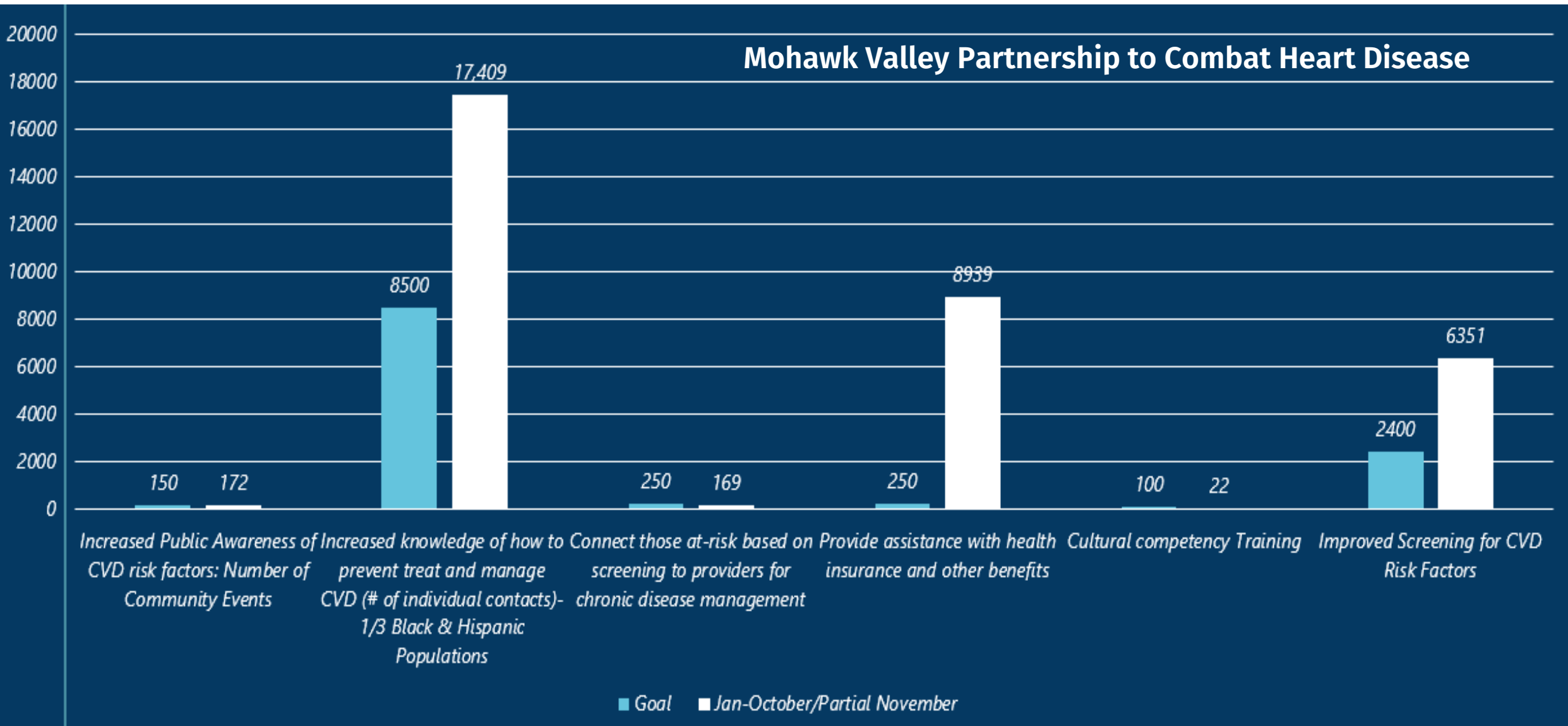
Status when Joining AHEI

- **Established the Mohawk Valley Partnership to Combat Heart Disease**
 - Received funding from Mother Cabrini Health Foundation
 - Community Health Nurse and Community Navigators were already actively engaged in the community
 - Providing education and screening for heart disease and stroke at community sites
- **MVHS was looking for assistance with:**
 - Data analytics
 - Disease prevalence by census tract/neighborhood
 - Demographics (race and ethnicity) of at-risk populations

Problem Statement

- Our community health teams (Nurse and Navigator) were out in the community, but **we did not have data to demonstrate that we were in the appropriate sites** – that is, areas where there were at-risk populations.
- Through HANY'S' data and our own discharge data, we are now mapping disease hot spots by census tract to show where we are going in the community.
 - We need more sophisticated with mapping software
 - We need to identify additional sources of data

Short-Term Program Goals



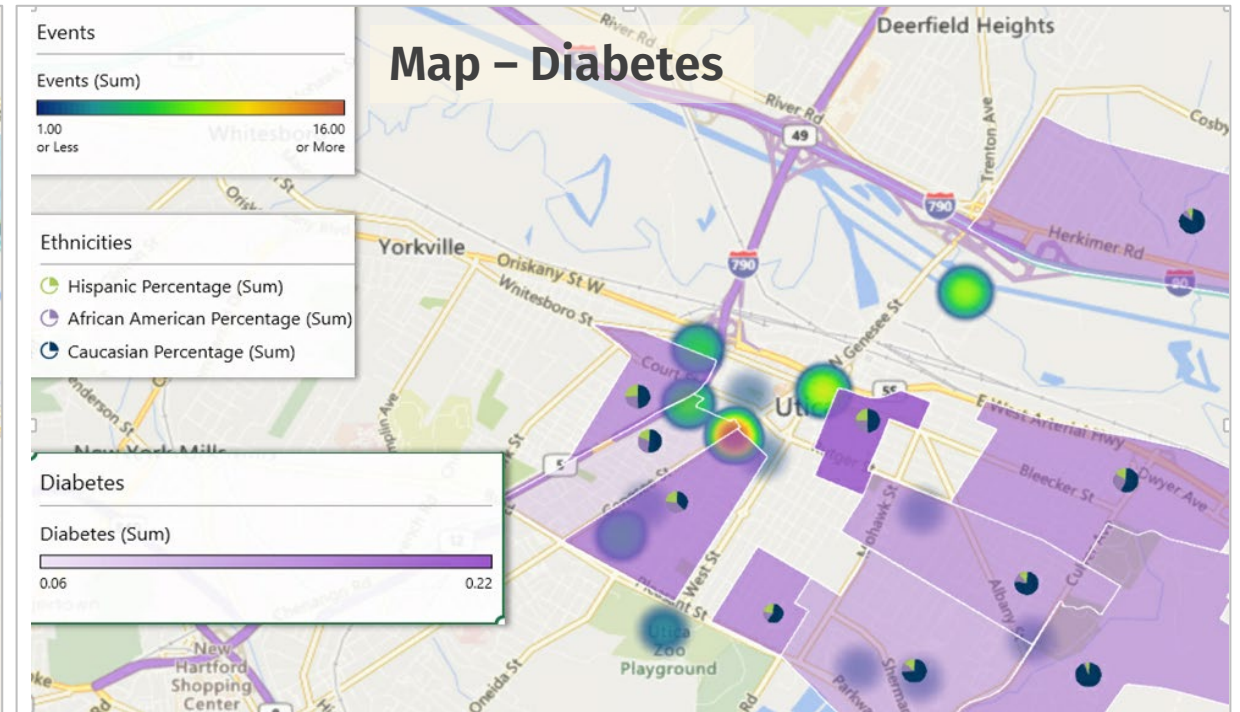
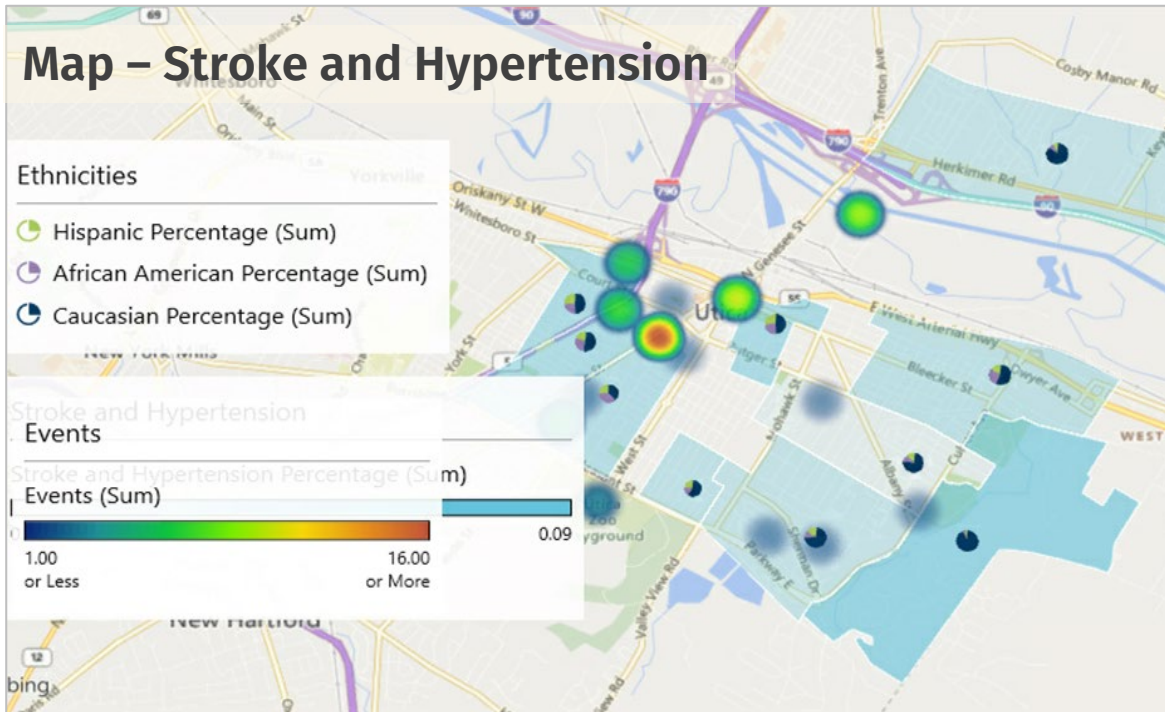
Accomplishments

Through AHEI, we have:

- Established an internal team that looks at collection and use of race/ethnicity data
 - We found that we were doing a pretty good job at collecting data, but we can always improve
- Expanded the Mohawk Valley Partnership to Combat Heart Disease – constantly evolving
- Showed real results against goals!
- Developed mapping capabilities to identify areas of community need and plan our initiatives accordingly

Lessons Learned

- Community partners are actively engaged. True grassroots work is being done.
- A key success factor is meeting weekly to plan and execute on initiatives, with MVHS facilitating and sharing resources.



- Data helps us drive activities in the areas of need – without it, we were relying on partners’ knowledge of neighborhoods. Data will help us better plan and track progress.
- Sometimes you can be a victim of your own success! More requests than resources at times.

What's Next?

- Use data to allocate resources most effectively – try not to do everything for everybody.
 - Stick to our goals!
- Expand beyond heart disease and stroke to diabetes and women's health.
 - Potential to add falls education and balance screenings as well.



ADVANCING HEALTHCARE
EXCELLENCE AND INCLUSION

Questions?

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