

Intro to post-acute care for trustees

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Post-acute care services are...

Health and social services provided to patients after a hospital stay to help them recover and return to the community.



Types of post-acute care settings

Skilled nursing

- Federal/state regulated

Home care

- Federal
(certified home health agencies)
- State
(licensed home care services agencies)

Hospice

- Federal/state regulated



New York's post-acute care landscape

- **600 nursing homes**
 - In all New York counties except Schoharie
- **1,379 home care agencies**
 - 101 certified home health agencies
 - 1,278 licensed home care services agencies
- **39 hospices**



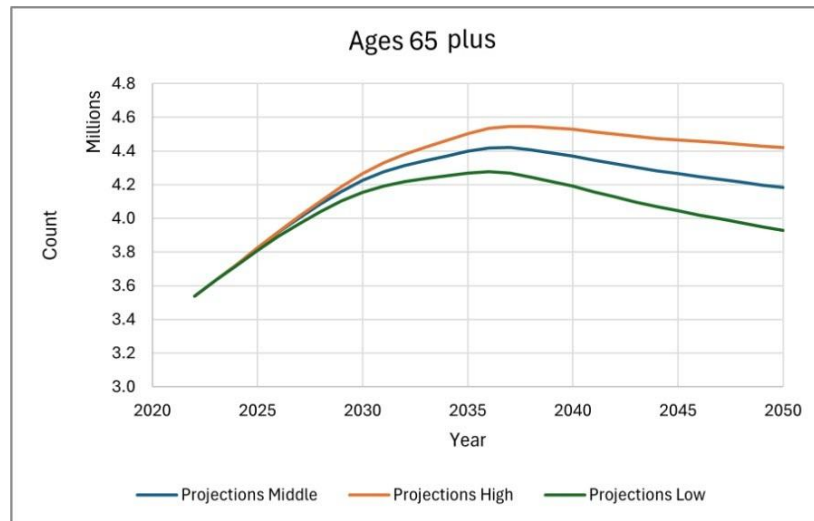
How does it all connect?



Post-acute care is complicated, expensive and integral to the healthcare system.

New York's older adult population

- By 2040, 22% of the population in New York will be over the age of 65
- The age to dependency ratio will grow from 24 older adults per 100 working age adults to 37 older adults per 100



Source: https://pad.human.cornell.edu/state_projections/poptrends.cfm

New York's older adult population (cont.)

- [The Center for an Urban Future](#) (2023) reported that from 2011 to 2012 there was extreme growth in the following communities:
 - 64% - City of Rochester
 - 32% - Albany County
 - 29% - Onondaga County
 - 23% - Erie County
- A [report](#) by the New York State Comptroller reported that the 65 and older population in NYC grew by 53% between 2000 and 2023; 17 times faster than the total population.

HANYS' commitment to post-acute care

- [HANYS: The Case for Change](#)
- Four drivers:
 - Healthcare demand is increasing and changing.
 - The number and mix of healthcare workers cannot meet demand.
 - Health disparities persist.
 - The healthcare affordability crisis for all stakeholders is growing.

“The first step is agreeing on the problem; then we must act.”

HANYS' aging programs

1

Age-Friendly Health Systems Action Community

A multi-year grant-funded program to increase the number of age-friendly healthcare settings in New York

2

Geriatric Emergency Department Accreditation

A multi-year grant-funded program to increase the number of hospitals with GEDA through the American College of Emergency Physicians

3

Caring for Caregivers

A grant-funded collaboration with Rush University Medical Center to implement its C4C model in New York

State-level post-acute care activities

Office of Aging and Long-Term Care

- Established in 2022

Vital Access Provider Assurance Program

- Initial \$100M investment

NYS Master Plan for Aging

- Executive Order No. 23
(signed in 2022)

Center for Hospice and Palliative Care Services

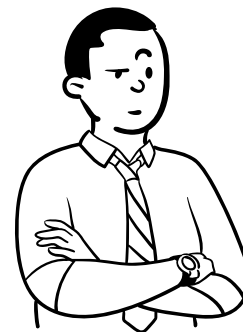
- Established in 2024

Statewide Health Care Facility Transformation Program IV

- Post-acute awardees

Then what's the problem?

- **Bed closures**
 - Approximately 5,600 beds have “closed” since 2019.
- **Workforce**
 - The age-dependency ratio is growing.
- **Funding**
 - Current funding does not adequately address the cost of care.
 - Medicaid rates cover approximately 82 cents per \$1.



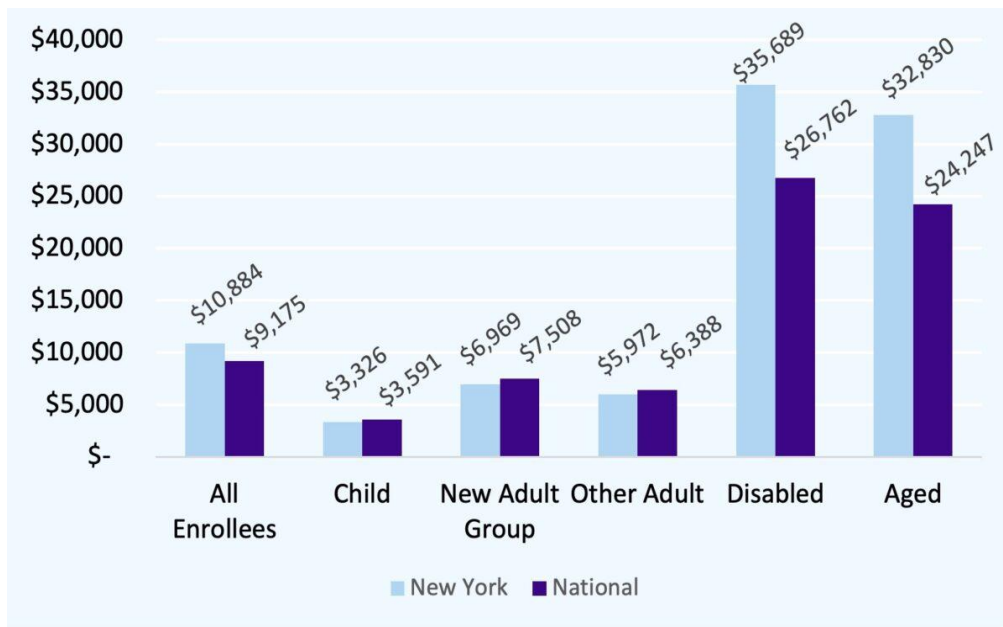
What does New York spend?

New York state post-acute care spending

In 2022, Sachs Policy Group reported that NYS spent \$32B on post-acute care services (OASAS, DOH, OMH and OPWDD)

- DOH - \$21.5 billion
- Nursing homes - \$6.4 billion
- ALP - \$77.4 million
- CHHA - \$244 million (federal share)
- LHCSA - \$5.6 billion (state-only)
- Home health - \$386 million
- CDPAP - \$6.5 billion

What is the Medicaid cost?



- The Fiscal Policy Institute reported that in 2021, New York spent **\$32,830** per older adult Medicaid beneficiary.
- **20.7%** of older and disabled individuals are receiving Medicaid and make up **59%** of the total Medicaid spend.

Source: <https://fiscalpolicy.org/making-sense-of-new-yorks-medicaid-long-term-care-spending>

Does it line up?

Region	Daily Rate	Annual Rate
Central	\$401	\$146,352
Long Island	\$482	\$176,016
New York City	\$469	\$171,276
Northeastern	\$435	\$158,820
Northern Metropolitan	\$466	\$169,980
Western Region	\$402	\$146,892
Rochester Region	\$474	\$173,028

Average
yearly cost of
nursing home
care is
\$160,000

What do we do and how do we get there?

Advocate for access to and the sustainability of high-quality, patient-centered post-acute care

1

Continue to consider and integrate post-acute care services into advocacy discussions

2

Identify the post-acute care pain points by talking to staff

3

Create relationships with the post-acute care partners within your health systems

4

Tell personal stories — the good, the bad and most importantly, the ugly

2026 state and federal advocacy priorities

1

Advocate for the re-authorization of the Older Americans Act

2

Ensure the distribution of nursing home-driven payments

3

Advocate for scope of practice enhancements to alleviate workforce challenges

4

Relieve the administrative burden and repeal outdated regulatory requirements

Key state and federal legislative roles



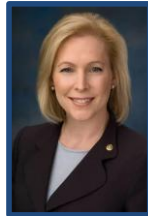
Cordell Cleare

Chair, NYS Senate Aging Committee



Rebecca Seawright

Chair, NYS Assembly Aging Committee



Kirsten Gillibrand

Ranker, U.S. Senate Special Committee on Aging

Thank you.

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The Statewide Voice for New York's Hospitals and Health Systems

