Readmission Care Partner sprint

Office hour: Preparing for Attestation February 17, 2022



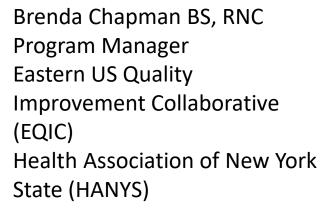




Transforming into a Care Partner Hospital

Today's faculty







Maria Sacco, RRT, CPHQ Director, Quality Advocacy, Research and Innovation Healthcare Association of New York State (HANYS)



This session is for you to network and share!



We want to hear from you!



Preparing for attestation: Care Partner Implementation Checklist and Attestation





Care Partner Implementation Checklist

- ✓ Review implementation strategies
- ✓ Review and complete all process steps
- ✓ Document reason that process within step was not completed (review with your project manager)
- ✓ Executive signs to attest *all* process steps have been completed
- ✓ Forward completed Care Partner Program Attestation and Implementation Checklist to your project manager



Care Partner Framework



STEP 1: Commit

- Dedicate a program leader
- · Establish a care partner program
- . Broadly promote the care partner role
- . Continuously evaluate and improve the program

STEP 2: Identify

- · Support patient to designate a care partner
- · Introduce care partner to the medical team
- · Identify a proxy care partner in special circumstances
- Display name and contact information of care partner in highly visible areas
- . Provide a visual identifier for care partner to wear in the hospital

STEP 3: Include

- . Orient the care partner to the unit environment and routine
- · Invite care partner to daily patient rounds and bedside huddles
- . Involve care partner in discussions about the patient's care plan
- . Empower care partner to perform simple patient care activities

STEP 4: Prepare

- Assess care partner's education needs
- · Educate care partner on essential care activities at home
- Allow care partner to demonstrate understanding using teach-back
- Integrate care partner into discharge planning
- . Discuss and plan for post-discharge medical care with care partner





Commit

- Who is the executive sponsor?
 - CMO, CQO, CPX, CNO,
- Have you identified unit-based champions?
- Tell us what your team looks like
- What challenges have you encountered?



STEP 1: Commit

- · Dedicate a program leader
- · Establish a care partner program
- · Broadly promote the care partner role
- Continuously evaluate and improve the program



Commit

Polling Question: Which of the below interventions has your team implemented? (Select multiple)

- Input of your PFAC
- Gather staff input
- Identify data metrics to collect and monitor
- EQIC tools have been adapted, adopted
- Create unique hospital tools
- Educate physicians and staff
- Promote the program



STEP 1: Commit

- Dedicate a program leader
- Establish a care partner program
- · Broadly promote the care partner role
- Continuously evaluate and improve the program



Identify

- Who is the first person in your organization to ask the patient to identify a care partner?
- Did you provide a script for asking the patient to identify?
- Who asks next if the patient was unable to identify when first asked?
- Has your team identified care partner proxy(s) or a process if a patient is unable to identify a care partner?
- How is the care partner information shared with the healthcare team and made visible?
- Is the care partner oriented to the unit and schedule



STEP 2: Identify

- Support patient to designate a care partner
- · Introduce care partner to the medical team
- Identify a proxy care partner in special circumstances
- Display name and contact information of care partner in highly visible areas
- · Provide a visual identifier for care partner to wear in the hospital



Include

- Do you discuss goals and care plan with care partner?
- Do you gather "what matters" from the patient and care partner?
- Does the care partner get a daily update?
- Do the patient and care partner receive the <u>My Care</u> <u>Transitions Brochure</u> or similar communication tool?
- Is there documentation in EHR for the care partner's participation in goal setting and understanding of daily goals?



STEP 3: Include

- Orient the care partner to the unit environment and routine
- Invite care partner to daily patient rounds and bedside huddles
- Involve care partner in discussions about the patient's care plan
- Empower care partner to perform simple patient care activities



Essence of include

- Care partner orientation: to the role, to the unit, to the team
- Establish the care partner's preferred communication method
- Establish a welcoming and compassionate culture from the start
- Provide a tour of the unit
- Review unit-specific routines and schedules
- Educate the patient and care partner on how to use the whiteboard or other method of communication tool for sharing information
- Issue invitation to rounds/huddles
- Care partners are given information on how to contact the medical team and what to expect for daily updates





Care partner communication tools

LAM CONCERNED ABOUT

My Care Transition Plan

Patients with caregivers and/or care partners are asked to complete this form, which lists their concerns on care needs at home. Hospital staff will work with you to address concerns on the list.

P	ATIENT NAME:
P	HONE NUMBER(S):
C	ARE PARTNER:
P	HONE NUMBER(S):
F	OLLOW-UP APPOINTMENT:
N	Y PHARMACY:

Care Partners are SMART* and AWARE

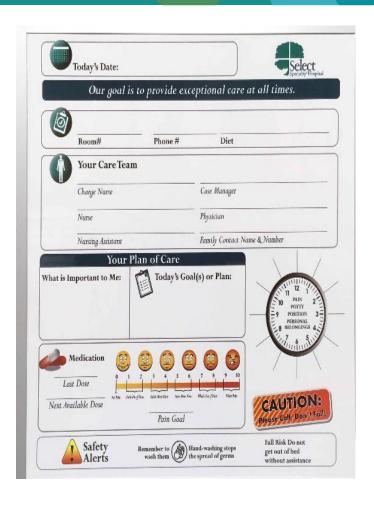
- S Signs and symptoms to look for and who to call
- M Medication changes or special instructions
- A Appointments

CASE MANAGER:

- R Results on which to follow up
- T Talk with me about my concerns
- A Available
- W Writing notes
- A Alert me about changes
- R Receive information
- E Educate me about my home care needs

IAM	CONCERNED ABOUT	YES	NO	COMMENT
	Having all the information I need when I leave the hospital			
	Follow-up care after leaving the hospital			
Care	Scheduling follow-up appointments and/or tests			
Follow-up Medical Care	Who to call with questions or concerns			
Med	How I will get to my follow-up appointment			
v-up	Whether I will need home nursing, therapists, nutritionists			
ollo	The type of medical equipment I will need (e.g., walker, crutches, insulin pump, oxygen)			
ш	Managing my wound care			
	Paying for the care I need			
	Which medications I should take at home			
40	When to take my medications			
Medications	Taking my medications as prescribed (e.g., swallowing)			
edica	Understanding the side effects of my medications			
ğ	Paying for my medications			
	Getting my medications from the pharmacy			
	Getting help with personal care (e.g., bathing, dressing)			
Activities of Daily Living	Cooking meals			
tiviti iily L	Getting help with grocery shopping			
Ρά	Using medical equipment, changing a bandage or giving an injection			
	How my care partner will help me when I am at home			
Care Partner	How my care partner will manage my illness			
Pa	Losing contact with friends and family and feeling isolated or left behind			
Culture	Whether I will be able to keep my core beliefs and values despite my illness			

VEC NO COMMENTS





^{**}SMART Discharge Protocol," The Institute for Healthcare Improvement. http://www.ihi.org/resources/Pages/Tools/SMARTDischargeProtocol.aspx (accessed August 20, 2021).

Prepare

- Describe how you assess the needs of the care partner.
 - What is included in your risk assessment tool?
- When do you plan and discuss discharge dates with physician, staff, patient and care partner?
- When do you notify the patient and care partner of the discharge date?



STEP 4: Prepare

- Assess care partner's education needs
- Educate care partner on essential care activities at home.
- Allow care partner to demonstrate understanding using teach-back
- Integrate care partner into discharge planning
- Discuss and plan for post-discharge medical care with care partner



Assess care partner needs and understanding

- Use the EQIC Mitigating Risk Factors for Readmission Tool or another tool to identify risks for readmission, including health equity issues that need to be addressed.
- Plan and discuss discharge date with physician staff upon admission.
 Notify the patient and care partner of planned discharge date 24 to 48 hours in advance.



Educate the care partner on essential care activities at home

- Describe how you ensure patient and care partner understanding of the discharge plan/transition.
- What education do you provide when preparing for care transitions?



Is the care partner part of the discharge planning?

 How does the patient communicate concerns and questions to the medical team?

My Care Transition Plan

Patients with caregivers and/or care partners are asked to complete this form, which lists their concerns on care needs at home. Hospital staff will work with you to address concerns on the list.

	PATIENT NAME:
	PHONE NUMBER(S):
	CARE PARTNER:
	PHONE NUMBER(S):
	FOLLOW-UP APPOINTMENT:
	MY PHARMACY:
1	CASE MANAGER:



MY PHARMACY:			Which medications I should take at home	
		un	When to take my medications	
CASE MANAGER:			Taking my medications as prescribed (e.g., swallowing)	
		Medication	Understanding the side effects of my medications	
Care Partners are SMART* and AWARE			Paying for my medications	
			Getting my medications from the pharmacy	
S Signs and symptoms to look for and who to call M Medication changes or special instructions			Getting help with personal care (e.g., bathing, dressing)	
A Appointments		Activities of Daily Living	Cooking meals	
R Results on which to follow up		tiviti iily L	Getting help with grocery shopping	
T Talk with me about my concerns		Ac	Using medical equipment, changing a bandage or giving an injection	
A Available		Care Partner	How my care partner will help me when I am at home	
W Writing notes	Culture Partne		How my care partner will manage my illness	
A Alert me about changes R Receive information			Losing contact with friends and family and feeling isolated or left behind	
E Educate me about my home care needs		Whether I will be able to keep my core beliefs and values despite my illness		
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http://www.ihi.org/resources/Pages/Tools/SMARTDischargeProtocol.aspx (accessed August 20, 2021).			althears association of Naw York State Inc.	16

I AM CONCERNED ABOUT...

Having all the information I need when I leave the hospital

Whether I will need home nursing, therapists, nutritionists

The type of medical equipment I will need (e.g., walker, crutches, insulin pump, oxygen)

Follow-up care after leaving the hospital

Who to call with questions or concerns How I will get to my follow-up appointment

Managing my wound care Paving for the care I need

Scheduling follow-up appointments and/or tests

YES NO COMMENTS

Polling question

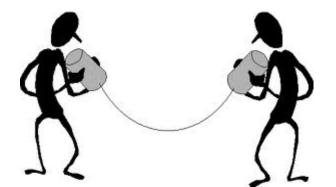
Do you include the care partner in post-discharge phone call?

- YES
- NO



Post-discharge follow-up phone call

- ✓ Confirm patient and care partner phone numbers
- ✓ Who sets up the follow-up appointments?
- ✓ Medication reconciliation process
- ✓ Share information and concerns





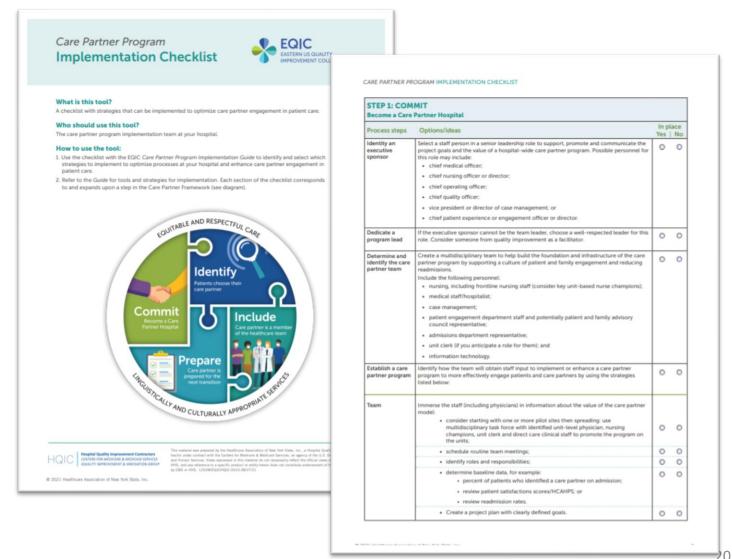
Framework implemented





Eligibility for designation as an EQIC Care Partner Hospital







Questions?

Thank you for your commitment to becoming a Care Partner Hospital!

Contact your EQIC project manager with any questions.



Next steps

• March 17 – Transitions of care

• April 21 – Celebration and success stories



Thank you.

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