Recommended Resources
For the AADE DEAP Series and CDE Preparation Classes

The Art & Science is the must-have resource for all diabetes educators. Written by practicing diabetes educators for diabetes educators, the Art & Science provides the core knowledge and essential strategies and skills all educators need to facilitate behavior change in persons with diabetes.

Diabetes Education Curriculum: Guiding Patients to Successful Self-Management
This book is based upon the AADE7 Self-Care Behaviors framework. The AAD7’s Diabetes Education Curriculum: Guiding Patients to Successful Self-Management curriculum supports diabetes educators in their efforts to help people with diabetes and related conditions learn to make daily decisions about self-care that have a positive impact on their clinical outcomes and overall health status. The Curriculum is a CD-ROM product that contains a printable PDF of almost 900 pages for use in your practice.

This handbook focuses on an 8-step guide to developing, implementing, and maintaining a CQI plan for diabetes education programs. This book is packaged with a CD-ROM of reproducible forms and checklists that can be used during plan development or as part of the CQI documentation.

Navigating the Maze: Overcoming the Obstacles to Reimbursement for Diabetes Self-Management Education/Training in Hospital-Based Outpatient Programs
Historically, diabetes self-management education/training (DSME/T) services have been provided through hospital-based outpatient programs. Due to declining reimbursement and increasing costs, hospitals are now closing their DSME/T programs at an ever increasing pace resulting in a void in the marketplace. There are a number of possible action plans to keep DSME/T services at a hospital.

Navigating the Maze: Overcoming the Obstacles to Reimbursement for Diabetes Self-Management Education/Training in Independent Programs
This booklet addresses the independent/free standing model of practice, which is a challenging model for an educator. This model requires the educator to think in terms of starting a business, not only providing quality DSME/T services.

Navigating the Maze: Overcoming the Obstacles to Reimbursement for Diabetes Self-Management Education/Training in Physician-Based Programs
This booklet helps the practicing diabetes educator navigate a maze of obstacles in order to achieve reimbursement for DSME/T services provided in a physician-based clinic.

Taking Control of your Diabetes: Education-Motivation-Self-Advocacy; Author: Steven V. Edelman, MD 3rd edition
The overall goal of this book is to educate and motivate diabetic patients to become active members of their health care team. This book provides an outline to help people take control of their diabetes, improve their quality of life, and delay the complications of diabetes.
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**Other curricula and commercially available programs:**
Life with Diabetes, 3rd Edition (American Diabetes Association)
Healthy Interactions U.S. Diabetes Conversation Map Program
Type 2 Diabetes BASICS Curriculum Guide (International Diabetes Center Publishing)
First Steps (Joslin Diabetes Center)
Lifeskills Info Pro (Diabetes Education Society)