ZAP VAP
Prevent Ventilator Associated Pneumonia

What?
The ventilator bundle is a group of evidence based practices that, when implemented together for all patients on mechanical ventilation, result in dramatic reductions in the incidence of ventilator-associated pneumonia.

Who?
Every patient who is intubated and on a ventilator should be placed on the VAP Protocol unless specific contraindications are documented.

Why?
- VAP is the leading cause of complications related to mechanical ventilation
- VAP prolongs time spent on the ventilator
- VAP adds an estimated cost of $40,000 to a typical hospital admission

How?
Initiate VAP “Bundle”
- Elevate head of bed to 30 degrees
- Daily “Sedation vacation” for daily assessment of radiation to extubate
- Peptic ulcer disease (PUD) prophylaxis
- Deep vein thrombosis (DVT) prophylaxis

What Else Can We Do?
- Strict hand washing and wear gloves during all care being given
- Oral care every 2 hours
- Turn patient every two hours
- Hold tube feeding in supine position
- Use sterile solution for irrigation
- Drain circuit condensate before moving/turning
- Keep ambu bags clean and disinfected

It’s the **RIGHT THING TO DO FOR PATIENT SAFETY!!!**